St. Andrews Scots School

Adjacent Navniti Apartment, Patparganj, Delhi–92
Session: 2026 –2027
SUBJECT- SCIENCE

Class: IV Topic:Staying Safe Lesson No: 8

- **Reading of the chapter**
- **Explanation (will be done in class)**

Book Exercises

Check point-1

1. False
2. True
3. True
4. False
5. True

Check point 2

1. Life
2. Pressure
3. Swelling and pain

Exercises

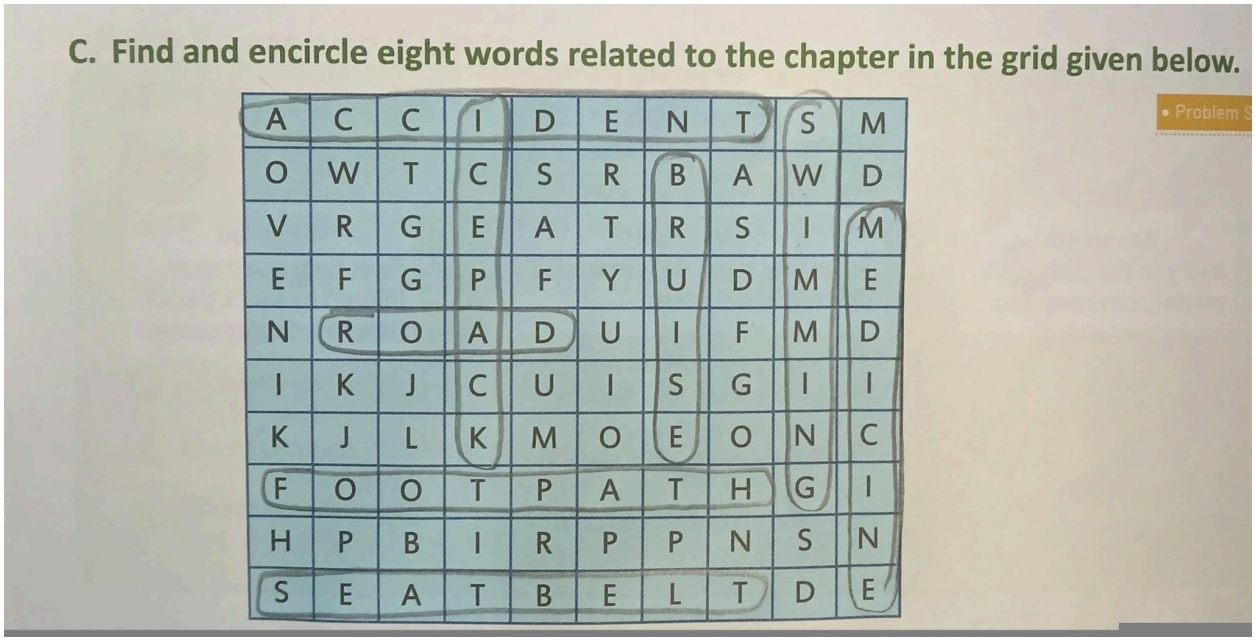
A. Write True and False

1. False
2. False
3. True
4. True
5. True

B. Tick (✓) the correct answer

1. (d) Knives 2. (a) Glass objects. 3. (b) Wasp bitten area

C.



Learn Defines from page no.84

Notebook work

New words

1. permission
2. utensil
3. accidently
4. synthetic clothes
5. poisonous
6. equipments
7. littered
8. strictly
9. faints
10. antiseptic

D. Answers the following questions

1. What causes an accident?

Ans. Our carelessness while doing some work causes an accident.

2. Where and how should one cross the road?

Ans. One should cross the road at Zebra Crossing. Before crossing the road, look at both sides (left and right) one by one and cross when it is clear.

3. What should be done to a person with a nose-bleed?

Ans. A person with a nose-bleed should be made to sit and lean the head forwards and closing the nose by holding it between the thumb and fingers.

4. What safety rules should we follow while handling electrical equipments?

Ans. We should follow following safety rules:

• The switch should be turned off before touching a stove, heater or lamp.

• Electrical switch, socket, wires or cords should not be touched with wet hands.

• If water is being heated in a bucket with an electric rod, do not touch the bucket while the switch is on.

5. List the safety rules to be followed at swimming pool.

Ans.• Never go for a swim alone.

• Do not go up to the deep end.

• Never push anybody into the pool just for fun.

• Swim only when there is a life guard on duty.

6. What would you do if a person becomes faint?

Ans. If a person becomes faint:

• Make the person lie on his/her back.

• loosen the belt and clothes.

• raise the legs of the person above the chest level.

• sprinkle some cold water on the person's face.

• do not let people crowd around the fainted person.

• let the fainted person breathe fresh air.

7. List three safety rules to be followed while in the bathroom.

Ans • Keep the floor of the bathroom dry.

• Do not leave the soap lying on the floor.

• Use non-slippery bath mats to prevent slipping.

8. List five safety rules to be followed in the kitchen.

• Never wear loosely hanging or synthetic clothes such as nylon.

• Do not play with matchsticks.

• The knob of the gas should be turned off when not in use.

• Remain at a safe distance from the gas stove when food is being cooked.

• Electrical switches should be turned off before leaving the kitchen.

Think Zone

1. **Why should a playground be cleaned before starting to play?**

   Ans. A playground should be cleaned before starting to play because stone or glass pieces, pebbles, etc. littered in the playground may hurt us.

2. **Teacher asked Mohit not to sharpen the pencil with a blade. What will happen if he does so?**

   Ans. The blade used to sharpen the pencil may cut and bleed the finger.

Diagram

